

GLUTEN FREE SUMMER CAMPERS HAVE FUN IN 2006



Every child deserves the friendship, challenge and just plain fun that summer camp brings. With CDF's share of the funds raised by Team GlutenFree™ participants from the marathons that were held in 2006, the Celiac Disease Foundation was able to send 9 celiac children to camps across the United States. The camp scholarships were awarded based on essays the children wrote on why they would like to go to Gluten Free Summer Camp. There were 3 boys and 6 girls and they ranged from 7 to 16 years old.

All the food served during these sessions was gluten-free and eliminated the stress of eating for these children. The camps were in Rhode Island, Texas, Washington and North Carolina and provided memories that will last a lifetime!

Upon her return from camp, one of the girls made a presentation to the local support group about her camp experience which was fun and inspirational!

Dear CDF,

Thank you so much for the scholarship to camp! I can honestly tell you that I didn't think that I would have as much fun as I did and I didn't think the food selection would be that wide for me. That was definitely not the case. I had so much fun! The food was fantastic, and I didn't experience the annoyance of other people asking me about what I am eating and about my allergy. Everything was how it should be. I ate my food without any questioning and I didn't have to worry about what would be for breakfast, lunch or dinner because I knew it was already planned out for me and the other kids with Celiac Disease. I also met many teens with kids who had intolerance to gluten as well. We had so much in common, and we shared our feeling about being gluten-intolerant. It was so nice to have someone to talk to who actually understands how I feel and has been through similar situations as I have. This trip was fun, stress free, and delicious. Thank you so much for giving me this experience and giving me wonderful memories and friends to hold on to forever.

—Ariane M.

Dear CDF,

Thank you for helping me to go to Summer Celiac camp. This was my first time to go. My brothers have gone for many years. I had a great time. I never had to ask if the food was OK to eat. I could eat all of the food. Some of the food I never had before. Like Chebe bread. It was so yummy. I loved eating my ice cream on a cone and not a cup. It was very hot. We went swimming every day. I went out to the first raft dock and jumped off. I missed my parents at night. That was the hardest part. But every morning I was so happy to do all of the sports and activities with all of the other kids that have Celiac just like me.

—Zach L.



NEW FLORIDA CDF KIDS GROUP!

CDF is happy to announce the formation of the Palm Beach County Celiac Support Group (PBCCSG) for Children. The group will be called PBCCSG Kids Korner. Heading up the group will be Phyllis Kessler, President of the PBCCSG CDF Chapter, along with Stacey Fluegge, Herdis Spierto and Allison DeGravelles. Celiac kids and their families will get together and share good times and gluten-free goodies. Contact Phyllis Kessler (561) 637-0396 - pkessler23@aol.com for more information.