



## GLUTEN-FREE RESOURCES

The following will acquaint you with companies that offer a selection of foods that are compatible with the Gluten-Free (GF) lifestyle. Not all companies listed are exclusively GF manufacturers. *The vendors/products listed do not constitute endorsement by Celiac Disease Foundation (CDF). CDF does not assume liability for the use of this information.*

### ALMOND GLORY FOODS

818-683-4303 / [www.almondglory.net](http://www.almondglory.net)

Low carb, diabetic safe baked goods

### ALTIPLANO GOLD

415-925-9928 / [www.altiplanogold.com](http://www.altiplanogold.com)

Instant hot quinoa cereals in great flavors

### AMY'S KITCHEN, INC.

707-578-7188 / [www.amyskitchen.com](http://www.amyskitchen.com)

Prepared meals, soups, sauces

### ANDEAN DREAM, LLC

310-281-6036 / [www.andeandream.com](http://www.andeandream.com)

Quinoa cookies

### ANNIE'S HOMEGROWN, INC.

800-288-1089 / [www.annies.com](http://www.annies.com)

Gluten-free pasta, meals, snacks, etc.

### ARICO NATURAL FOODS COMPANY

503-259-0871 / [www.aricofoods.com](http://www.aricofoods.com)

Gluten-free, dairy free cookies

### ARROWHEAD MILLS (The Hain Celestial Group)

800-434-4246 / [www.arrowheadmills.com](http://www.arrowheadmills.com)

GF flours, cereals, mixes, Deboles corn and rice pastas

### AUTHENTIC FOODS

800-806-4737 or 310-366-7612 /

[www.authenticfoods.com](http://www.authenticfoods.com)

Baking mixes, flours and baking supplies

### BARBARA'S BAKERY

707-765-2273 / [www.barbarasbakery.com](http://www.barbarasbakery.com)

Natural cereals and snacks

### BLUE DIAMOND GROWERS

800-987-2329 / [www.bluediamond.com](http://www.bluediamond.com)

Nut thin crackers and non-dairy beverage

### BOB'S RED MILL NATURAL FOODS, INC.

800-553-2258 or 503-654-3215 /

[www.bobsredmill.com](http://www.bobsredmill.com)

Flours, mixes, cereals, etc.

### BUMBLEBAR FOODS, INC.

888-453-3369 / [www.bumblebar.com](http://www.bumblebar.com)

Organic snack bars

### CHEBE BREAD (Prima Provisions)

800-217-9510 / [www.chebe.com](http://www.chebe.com)

Mix for rolls, breadsticks and pizza dough

### CREAM HILL ESTATES

866-727-3628 / [www.creamhillestates.com](http://www.creamhillestates.com)

gluten free oatmeal/oats

### DE BOLES (The Hain Celestial Group)

800-434-4246 / [www.deboles.com](http://www.deboles.com)

Corn and rice pasta

### DR. PRAEGER'S SENSIBLE FOODS

877-772-3437 or 201-703-1300 /

[www.drpraegers.com](http://www.drpraegers.com)

Variety of frozen meals

### EDWARD & SONS TRADING CO., INC.

805-684-8500 / [www.edwardandsons.com](http://www.edwardandsons.com)

Candy, crackers, brown rice snaps, marinades, etc.

### ENER-G FOODS

800-331-5222 OR 206-767-6660 / [www.ener-g.com](http://www.ener-g.com)

Pretzels, pasta, bread, rolls, cookies, etc

### ENJOY LIFE NATURAL BRANDS

888-503-6569 OR 847-260-0300 /

[www.enjoylifefoods.com](http://www.enjoylifefoods.com)

Bagels, cookies, snack bars, granola cereals, etc.

### FOODS BY GEORGE

201-612-9700 / [www.foodsbygeorge.com](http://www.foodsbygeorge.com)

Baked goods, pizzas

### FOOD-TEK, INC.

800-648-8114 / [www.foodtek.com](http://www.foodtek.com)

Cake mixes, bread mixes, cookie mixes and pizza crust

### FOOD FOR LIFE BAKING COMPANY

800-797-5090 or 951-279-5090 / [www.food-for-life.com](http://www.food-for-life.com)

Ready-made breads, muffins, rice pastas

### FREEDA VITAMINS, INC.

800-777-3737 / [www.freedavitamins.com](http://www.freedavitamins.com)

Vitamins and nutritional supplements

### GANEDEN BIOTECH, INC.

800-456-0276 / [www.digestiveadvantage.com](http://www.digestiveadvantage.com)

Gluten-free Digestive Advantage

### GENERAL MILLS RICE CHEX®

800-328-1144 / [www.generalmills.com](http://www.generalmills.com)

Rice Chex® Cereal

**GIFTS OF NATURE**888-275-0003/ [www.giftsofnature.com](http://www.giftsofnature.com)

Rolled oats, baking products

**GLUTINO/GLUTEN-FREE PANTRY**

800-291-8386 or 860-633-3826/

[www.glutenfreepantry.com](http://www.glutenfreepantry.com)

Breads, bagels, pastas, crackers, cookies, pizza, soups and mixes

**GLUTEN EVOLUTION, LLC** (Breads From Anna)

877-354-3886 or 319-354-3886/

[www.glutenevolution.com](http://www.glutenevolution.com)

Bread mixes

**GLUTEN FREE OATS**307-754-2058 [www.glutenfreeoats.com](http://www.glutenfreeoats.com)

Rolled oats/oatmeal

**GLUTENFREEDA FOODS, INC.**360-378-3675/ [www.glutenfreeda.com](http://www.glutenfreeda.com)

Gluten and dairy free refrigerated cookies and online vendor

**GOODY2CHEWS FOODS, INC.**888-300-1611/ [www.goody2chews.com](http://www.goody2chews.com)**HEALTH VALLEY** (The Hain Celestial Group)800-434-4246/ [www.healthvalley.com](http://www.healthvalley.com)

Crackers, cookies, cereals and soups

**HUBBARD PEANUT COMPANY, INC.**800-562-2741/ [www.hubspeanuts.com](http://www.hubspeanuts.com)

Peanuts

**IAN'S NATURAL FOODS**978-989-0601/ [www.iansnaturalfoods.com](http://www.iansnaturalfoods.com)

Variety of frozen foods

**KARI-OUT COMPANY**888-328-1688 or 914-580-3200/ [www.kariout.com](http://www.kariout.com)

Gluten-free soy sauce packets

**KETTLE CUISINE, INC**877-302-7687/ [www.kettlecuisine.com](http://www.kettlecuisine.com)

All natural frozen soups

**KINNIKINNICK FOODS, INC.**

877-503-4466 OR 780-424-2900/

[www.kinnikinnick.com](http://www.kinnikinnick.com)

Breads, bagels, buns, donuts, other baked goods

**KONSYL PHARMACEUTICALS, INC.**800-356-6795 [www.konsyl.com](http://www.konsyl.com)

Dietary fiber supplements

**LÄRABAR, HUMM FOODS, INC.**877-527-2227 or 720-945-1155/ [www.larabar.com](http://www.larabar.com)

Nutritious energy bars

**LISANATTI® FOODS**866-864-3922/ [www.lisanatticheese.com](http://www.lisanatticheese.com)

Cheese alternatives

**LUNDBERG FAMILY FARMS**530-882-4551/ [www.lundberg.com](http://www.lundberg.com)

Rice cakes, brown rice, rice pudding mixes, cereal, pasta, rice syrup

**MARY'S GONE CRACKERS**888-258-1250/ [www.marysgonecrackers.com](http://www.marysgonecrackers.com)

Organic high fiber crackers

**MISS ROBEN'S**

800-891-0083 or 301-665-9580/

[www.missroben.com](http://www.missroben.com)

Mixes for breads, cakes, pancakes and flours

**MONTINA AMAZING GRAINS**877-278-6585/ [www.amazinggrains.com](http://www.amazinggrains.com)

Gluten-free grains, bread mixes and flours

**MRS. LEEPER'S, INC.**817-629-6275 / [www.mrsleeperspasta.com](http://www.mrsleeperspasta.com)

Brown rice and corn pasta

**NAMASTE FOODS**

866-258-9493 or 208-676-9632 /

[www.namastefoods.com](http://www.namastefoods.com)

Cake mixes, cookie mixes, waffle &amp; pancake mixes

**NANA'S COOKIE COMPANY**

800-836-7534 or 858-273-5775/

[www.healthycrowd.com](http://www.healthycrowd.com)

Cookies and cookie bars

**NATURE'S PATH FOODS, INC.**

888-808-9505 or 604-248-8777/

[www.naturespath.com](http://www.naturespath.com)

Organic Gluten-Free Cereals

**ORGANIC BISTRO**[www.theorganicbistro.com](http://www.theorganicbistro.com)

Frozen prepared meals

**ORGRAN** (Roma Foods Products)877-380-3422 or 845-278-8164/ [www.orgran.com](http://www.orgran.com)

Alternative grain, pastas and health foods

**PAMELA'S PRODUCTS**707-462-6605/ [www.pamelasproducts.com](http://www.pamelasproducts.com)

Ready-made cookies, biscotti, cookie, bread, pancake and baking mixes

**PANOS BRANDS**

201-843-8900/ [www.midelcookies.com](http://www.midelcookies.com)  
MI-DEL snack products

**PASTARISO**, Maple Grove Gluten Free Foods Inc.  
905-451-7423/ [www.maplegrovefoods.com](http://www.maplegrovefoods.com)  
Organic rice pastas

**PERKY'S NATURAL FOODS**, Enjoy Life Natural Brands  
888-473-7597 or 847-260-0300/  
[www.perkysnaturalfoods.com](http://www.perkysnaturalfoods.com)  
Gluten-free cereals

**PUREFIT**

866-PUREFIT/ [www.purefit.com](http://www.purefit.com)  
Nutrition bars

**PURFOODS**

866-942-7873 or 515-963-0641/  
[www.glutenfreemeals.com](http://www.glutenfreemeals.com)  
Microwave or oven fresh meals

**QUINOA CORPORATION**

310-217-8125/ [www.quinoa.net](http://www.quinoa.net)  
Flour, flakes and pastas

**REAL FOODS**

+61 285956600/ [www.cornthins.com](http://www.cornthins.com)  
Corn thins

**R. W. GARCIA**

408- 287-4616/ [www.rwgarcia.com](http://www.rwgarcia.com)  
Tortilla Chips

**RIZOPIA FOOD PRODUCTS INC**

416-609-8820/ [www.rizopia.com](http://www.rizopia.com)  
Variety of rice pastas

**SAN-J INTERNATIONAL**

800-446-5500 or 804-226-8333/ [www.san-j.com](http://www.san-j.com)  
Tamari soy sauces, instant miso soups and rice crackers

**SCHÄR USA INC**

201-944-9800/ [www.schar.com](http://www.schar.com)  
Breads, pastas, crackers, cookies, etc.

**SHELTON'S POULTRY**

800-541-1833 or 909-623-4361/  
[www.sheltons.com](http://www.sheltons.com)  
Chicken and turkey franks, lunchmeats, poultry products and beef sticks

**SNACK ALLIANCE, INC.**

800-665-3880/ [www.snackalliance.com](http://www.snackalliance.com)  
Riceworks

**SYLVAN BORDER FARM**

800-297-5399 or 707-459-1854/  
[www.sylvanborderfarm.com](http://www.sylvanborderfarm.com)  
Bread, cake, pancake/waffle mixes, general purpose flour

**THINK ORGANIC, Prime Health Dietary Supplements Inc.**

866-988-4465 or 805-644-4848/  
[www.thinkproducts.com](http://www.thinkproducts.com)  
Nutrition bars

**TINKAYADA (Food Direction, Inc.)**

416-609-0016/ [www.tinkyada.com](http://www.tinkyada.com)  
Organic brown and white rice pastas

**VAN'S INTERNATIONAL FOODS**

310-320-8611 / [www.vansintl.com](http://www.vansintl.com)  
Ready-made frozen pancakes and waffles

**U.S. MILLS, INC., Erehon**

781-444-0440 / [www.usmillsinc.com](http://www.usmillsinc.com)  
Cereals

**WALDEN FARMS**

800-229-1706 / [www.waldenfarms.com](http://www.waldenfarms.com)  
Sugar free, fat free, sauces, dressings, dips, appetizers and syrups

**COOKBOOKS, DVD'S & MORE**

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**ALTERNATIVE COOK, LLC**  
[www.alternativecook.com](http://www.alternativecook.com)

**SAVORY PALATE, INC.**

800-741-5418/ [www.savorypalate.com](http://www.savorypalate.com)

**GLUTEN FREE BEER COMPANIES**

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**BARD'S TALE BEER CO., LLC**  
816-272-2015 / [www.bardsbeer.com](http://www.bardsbeer.com)

**LAKEFRONT BREWERY, INC.**

414-372-8800 / [www.lakefrontbrewery.com](http://www.lakefrontbrewery.com)

**RAMAPO VALLEY BREWERY**

845-369-7827 / [www.ramapovalleybrewery.com](http://www.ramapovalleybrewery.com)

**REDBRIDGE BEER**

800-342-5283/ [www.redbridgebeer.com](http://www.redbridgebeer.com)

**TRAVEL AND DINING**

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**BOB & RUTH'S GF DINING AND TRAVEL CLUB**  
410-939-3218 / [www.bobandruths.com](http://www.bobandruths.com)

**GLUTEN FREE PASSPORT**

866-564-1440 [www.glutenfreepassport.com](http://www.glutenfreepassport.com)  
Books and booklets on traveling and dining out

## **TRIUMPH DINING**

609-564-0445/ [www.triumphdining.com](http://www.triumphdining.com)

GF restaurant cards and grocery guide

## **ONLINE RESOURCES**

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[www.glutenfreemall.com](http://www.glutenfreemall.com)

[www.glutenfree.com](http://www.glutenfree.com)

[www.gooddayglutenfree.com](http://www.gooddayglutenfree.com)

[www.ceciliasmarketplace.com](http://www.ceciliasmarketplace.com)

[www.gfmeals.com](http://www.gfmeals.com)

[www.glutenfreedrugs.com](http://www.glutenfreedrugs.com)

[www.simplyglutenfree.com](http://www.simplyglutenfree.com)